



# Tomorrow

Sometimes I think sleep is such a waste. Just imagine how much we could get done if we did not have to spend eight hours *each and every* night as dead weight in a pile of blankets (or snoozing like a sack of potatoes in the recliner). We could dispose of entire rooms in our homes if we didn't have to have bedrooms. Think of the savings! Picture a world where we work eight to ten hours, go home and eat supper, tidy the house, pay some bills, go back to work, come home and eat supper, tidy the house. . . . I am starting to see a downside to this scenario.

How would we know when we should shower and put on fresh clothes? Would we just put on a fresh set at midnight, or wait until just before going to work or school? If it was a 3 day weekend, would we just wear the same clothes for 72 hours? When would we say our prayers or read "bedtime" stories?

I have come to the conclusion that the need for sleep was one of God's many brilliant decisions. Of course, there are volumes written on the many ways the body and mind are rejuvenated and recharged by sleep. But I believe the spirit benefits equally, maybe not so much by sleep itself, as by the actual division of the time; that distinct dividing line between one day and the next. We need to have time to wind down, to lounge in our jammies, and to review the events of the day. The evening is a time to reflect and determine what was accomplished and what is yet to be done. The single greatest

thing about sleep is that when you wake up the next morning, you awaken to a new day. A fresh start. An opportunity to do better. I can't tell you how many times I have said to myself, "I will do better tomorrow." I may be referring to my work habits, my diet (or lack thereof!) or my relationships. But tomorrow offers hope: hope that I can improve myself, hope that the world will be a better place.

God was equally brilliant in making the earth take 365 (and 1/4) days to orbit the sun, such that every January first, we get yet another fresh start. We spend that first day in January compiling our new year's resolutions. This year I am going to . . . Whatever it is, we have hope that this is the year that we will make that happen! Notice that the word "hope" keeps popping up. Synonyms for hope are: to believe, to desire, or to trust that something will occur. The human spirit has a unique ability to hope; to believe that the future will bring to pass those wishes closest to the heart. Survivors of the Holocaust, or POW's will say they made it through because each night they went to sleep believing that "tomorrow" would bring relief.

The year 2010 has been an eventful year for many residents, staff and family members. Many of us have commented that we are excited to begin a new year and hope that 2011 will be better. We have resident's hoping to go home, or hoping there will be a better pain treatment, or a better treatment

for macular degeneration. Little orphan Annie sings out "I love ya tomorrow" because *tomorrow* all things are possible.

"Hope is not the result of medicine or anything that science has to offer. It is a flower that sprouts and grows when others water it."

From "When Crickets Cry"  
by Charles Martin

May 2011 be a wonderful year for you and yours. May your flower of hope be well watered!

*Shelley Moss*  
Shelley Moss

A lovely Christmas surprise  
from our friends:

**Herschel and Ruth Black**

In memory of

Greg Black

**B.J. and Linda Gililand**

In memory of

Lois M. Gililand

And

Emma M. Gray

Who supplied the funds

to complete

the dining room furniture!

**Our Sincere Thanks!**



## A Tribute

The residents and staff at Kings Manor would like to express to the family of Jo Hill how much she will be missed. Jo Hill was a dear friend to all and she contributed so much to King's Manor with her many talents. Jo was an excellent seamstress and crafter: when she wasn't sewing something for activities or fellow residents, she was making things to be sold for the benefit of the Benevolence Fund. Jo was the long-time president of the Westgate Resident Council, was a great advocate for the other residents and helper to staff. There are not enough words to express how much she meant to us.

## Our Christian Sympathy



To the Families of  
Nettie (Zacki) Wilson  
And Ery Jo Hill

## Welcome

King's Manor extends a warm welcome to:

**Westgate:**  
Teresa Contreras



# Samaritan Hospice

The New Year has begun! For me that means I have to concentrate really hard not to write 2010 on my checks. We are looking forward to all the opportunities that 2011 has to offer and we pray that God will guide us down the path that he has set before us.

Our monthly Caregivers Coffee Break will be January 27th. We hope that anyone interested will come for a time of sharing and receive support from others in the same situations. This has become a time of great help for those that are attending.

We will be having another volunteer training in the next few months. We are in need of Spanish speaking volunteers, so if you know of someone that might be interested please have them give me a call.

Our Samaritan Hospice Angel Tree was a great success. We were able to provide 50 needy children in our community with Christmas gifts that they may not have gotten otherwise. Thank you so much to our community for providing the gifts.

Our Volunteer bake sale went well also. Fast and profitable! We reached our goal. Thank you all for the beautiful baked goods.

We will be starting a new Bereavement Support Group in late January. For more information, contact Kristi Batenhorst @ 363-6085.

## This Month We Honor

"Rowena Meyers"

Rowena lives in Muleshoe with her husband Jincks. They have six children and several grand babies. She is retired from M.H.M.R. and also worked for Bamert Seed Co. for several years. She is a member

of The First United Methodist Church and an avid supporter of the Muleshoe Mules. Rowena is such a sweet spirit and we are so very blessed to have her on our team. Rowena we love you!! You really go above and beyond for our patients and their families. Thank you so much for all you do with a spirit and smile that just melts your heart.

Blessings,  
Linda Brito  
Volunteer Coordinator  
Samaritan Hospice

## Chaplains Chatters

Forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark. Philippians 3:13-14

It is not by regretting what is irreparable that true work is to be done, but by making the best of what we are. It is not by complaining that we have not the right tools, but by using well the tools we have. What we are, and where we are, is God's providential arrangement, - God's doing, though it may be man's mis-doing. The manly and wise way is to look your disadvantages in the face and see what can be made out of them. Life, like war, is a series of mistakes, and he is not the best Christian nor the best general who makes the fewest mistakes. He is the best who wins the most splendid victories by the retrieval of mistakes, so forget mistakes and organize victory out of mistakes this New Year!

May God Bless you and your family a full measure and overflowing,

Joe

# *Our Appreciation . . .*

## **Donations to King's Manor**

A.W. & Jackie Shoffit  
Wayne & Kris Dollar  
Caviness Beef Packers  
Steve & Ginger Olson

## **Memorials to King's Manor**

### **Nedra Robinson**

Lynton & Joyce Allred  
Jim & Zula Arney

### **Jo Hill**

Earl Stagner

### **Dorothy Stelman**

Mr. & Mrs. Jody Bezner  
Joyce Brown  
Beth Moore  
Elizabeth White

### **Reba Watson**

Jim & Zula Arney

### **Rosie Wall**

Jim & Zula Arney

### **Trip Robison**

Jim & Zula Arney

### **Nadine Warrick**

Jim & Zula Arney

### **Gerald Martin**

Jim & Zula Arney

### **Ruby Campbell**

Jim & Zula Arney

### **Faye Rogers**

Rayburn & Vetha Strange

### **In Honor of**

#### **The Manor Residents**

Jelly & Rosalee McGowen

## **Donations to Assisted Living Dining Hall**

Estate of Rosie Mae Allen  
FUMC-Celebration S.S. Class  
VFW Auxiliary  
Alice Lueb  
Nancy Josserand  
Margaret Bell  
Kathy Allison  
Helen Langley  
Pat Fisher  
Sue Sims  
Peggy Higgins  
Doris Hill  
Lois Scott

## **Memorials to**

### **Assisted Living Dining Hall**

#### **Linzy Woodard**

Johnny & Jana Trotter  
Scott & Missy Wilcox  
Bill & Pauline Howard  
G.C. & Gladys Merritt

#### **Roxie Cosper**

G.L. & Janette Abraham

#### **Sheila Brown**

Jelly & Rosalee McGowen  
Katherine Smith  
Rita Reindl

#### **Nell Culpepper**

L.J. & Wilma Clark

#### **Wilson Shaw**

A.W. & Jackie Shoffit

#### **Reba Watson**

Bill & Pauline Howard  
Neal & Ann Lueb

#### **Clint Formby**

L.J. & Wilma Clark

#### **Roberta Caviness**

Bill & Pauline Howard  
John & Donna Smith  
The Winget Family

#### **Lois M. Gililland**

BJ & Linda Gililland

#### **Emma M. Gray**

BJ & Linda Gililland

#### **Greg Black**

Herschel & Ruth Black

#### **Vivian Olson**

Dejah Cowan

#### **Nedra Robinson**

C.D. and Linda Fitzgerald  
The Winget Family

#### **Wilma Carmichael**

Bill Carmichael

#### **Gary Gearn**

The Winget Family

#### **Garland Solomon**

L.J. & Wilma Clark

#### **Mona Gee**

Carl & Joan Strafuss  
Tim & Michele Gee  
Eldon & Nelda Fortenberry  
Raymond & Linda Davis

## **Jo Hill**

Eileen Berryman  
Roger & Judy Williams  
BJ & Linda Gililland  
Selma United Methodist Church  
Eldon & Nelda Fortenberry

## **In Honor of:**

### **Adella Mathers**

Tim & Michele Gee

### **Jelly & Rosalee McGowen**

Ronnie & Ellen Dunaway

### **Officers & Directors of Deaf Smith Electric**

Jim & Marilyn Culpepper

### **King's Manor Staff**

Marie Stringer

### **King's Manor Board, Staff, Employees, & Volunteers**

Wayne Lady

## **Donations to Samaritan Hospice**

Mary Mesman

## **Memorials to**

### **Samaritan Hospice**

#### **Roberta Caviness**

Bera Johnson

#### **Reba Watson**

West Texas Rural Telephone

#### **Linzy Woodard**

Bera Johnson  
Linda & Lewis Block  
Gary & Cecie Edwards  
Lance & Karen Martin  
George & Jo Ochs  
Keith & Karen Hacker  
Scott & Karen Keeling  
Dollye Scott  
Ronny & Kay Pagett  
Ann Cummings  
Paul Hanson  
McGinty & Associates  
Anne & Ronnie Reiter  
Susan Sublett  
Proffer Surgical Associates

## **In Honor of:**

### **Samaritan Hospice Board, Staff, Employees, & Volunteers**

Wayne Lady

# Westgate News

Wow! I guess that would be the appropriate word for all the volunteers that came in the month of December. On the 7<sup>th</sup>, we had the Hereford Boy Scouts come in to sing and hand out cards. On the 9<sup>th</sup>, we had a card signing party with the residents so that we could hand out cards to all the volunteers that came to visit. On the 11<sup>th</sup>, the UMC came to the Manor and presented a wonderful program followed by refreshments. The 13<sup>th</sup>, we had the NCA School Choir to sing for the residents. Then on the 14<sup>th</sup>, Stanton Learning Center came to sing that morning, and that afternoon we had West Central School sing at our Resident's Gift Party held in the Westgate Dining Room. We would like to thank Mr. & Mrs. Claus for helping at the party. Santa always finds time to come every year. The 16<sup>th</sup>, we had Tierra Blanca come to sing. That afternoon, we had Santa's Helpers visit all the residents and hand out Christmas candy. How cute they were!

We had so much fun playing Christmas Bingo every Monday and having holiday sing-a-longs with Becky Mullins every Wednesday this month! On the 17<sup>th</sup> we had fun drinking hot chocolate, listening to Christmas music and making candy.

Every year, we have two very wonderful organizations that help make sure that our residents get a Christmas gift; Empty Stocking Fund through Amarillo Globe News and Cargill of Friona. The ladies work very hard every year shopping and wrapping the most wonderful gifts from Cargill. And, I can't say enough good things about the

Amarillo Globe News; their Mission is to raise money during the fall holiday season. The contributions are used primarily during the Christmas holiday season to meet the needs of Panhandle area people. We are so very blessed to have so many people and organizations of all kinds that give with such a loving heart.

So, now that Christmas is over and it's time to put away all the decorations, remember the greatest Gift that we have year round cannot be put away with all the decorations. That gift is in knowing that the birth of our Lord and Savior Jesus Christ is there in our Hearts forever, and that we are very blessed because of that most precious gift.

I pray that everyone has a wonderful New Year and again we are very blessed to have such a wonderful community that gives from the heart. WOW! Again is all I can think of to say.

Happy New Year!

Brenda Blacksher  
Activity Director

YOU ARE INVITED  
TO A  
RETIREMENT RECEPTION  
HONORING  
MARILYN BELL  
JANUARY 7, 2011  
4:00 – 5:30 pm  
IN THE  
LAMAR ROOM  
OF  
KING'S MANOR

## Thank You

The Ladies VFW Post 4818 Auxiliary wishes to thank the staff, employees, and residents of King's Manor and West Gate for their participation in this years poppy sale. Again, Thank you.



### JANUARY 2011

**Employees:**

Elsie Martinez .....	1/04
Angelica Flores .....	1/05
Alicia Valdez .....	1/13
Jim Layman .....	1/15
Martha Ramos .....	1/16
Ruben Guzman .....	1/17
Becky Williams .....	1/17
Jane Eggen .....	1/18
Kaye Hansard .....	1/18
Ariana Garcia .....	1/25
Mel Ramirez .....	1/27
Areli Rubio .....	1/28
Lourdes Villanueva .....	1/29
Linda Brito .....	1/30

**Manor:**

Betty Jo Carlson .....	1/08
Pauline Adams .....	1/10
Clora Smith .....	1/17
Marie Stringer .....	1/17

**Westgate:**

Adalla Mathers .....	1/01
Louise Ferguson .....	1/03
Nadine Lance .....	1/26

**Childcare:**

Brye Tapia .....	1/04
Mireya Jimenez .....	1/17
Adrian Ramirez .....	1/24
Kase Vogel .....	1/24



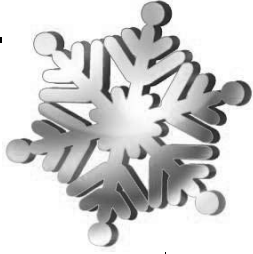



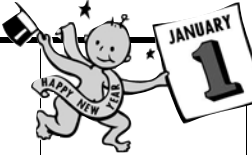
# THE MANOR January, 2011

A HAPPY  
NEW YEAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 9:30– Coffee/ Visit  1:00–Games
2 9:30– Worship (Communion ) 10:30 - Coffee 6:00– Wesley Methodist Church— fellowship	3 9:30– Coffee/Visit 10:00– Donut Run 11:00– Exercise 1:00– Resident’s Council/ “Chicken Foot” & Games	4 9:30– Coffee/Visit 10:00– Bible Study 11:00– Memory Qz 1:00–Movie / Games 3:00– Reflections	5 9:30– Country Str. 11:00– Exercise 3:00–Spelling 6:00– <i>Folk Mountain Gos- pel In Concert</i>	6 9:30– Coffee/ Visit 11:00– Memory Games 1:00– “Bridge” Tournament / Games	7 9:30– Coffee/Visit 11:00– Exercise  1:00– Games 3:00– BINGO 4:00– Brain Boosters	8 9:30– Coffee/ Visit  1:00–Games
9 9:30– Worship  10:30 - Coffee/Visit	10 9:30– Coffee/Visit 10:00– Donut Run 11:00– Exercise 1:00–“Chicken Foot” & Games 3:00– Choir	11 9:30– Coffee/Visit 10:00– Bible Study 11:00– Memory Qz 1:00–Movie /Games 3:00– One Card Bingo	12 9:30– Coffee/Visit 9:30– Country Store 11:00– Exercise 1:00– Games 3:00–Spelling Bee	13 9:30– Coffee/ Visit 11:00– Memory Games 1:00– Games 5:30– Inside / Outside Party	14 9:30– Coffee/Visit 11:00– Exercise  1:00– Games 3:00– BINGO 4:00– Brain Boosters	15 9:30– Coffee/ Visit  1:00–Games
16 9:30– Worship  10:30 - Coffee/Visit 5:30– Church of Christ Supper	17 9:30– Coffee/Visit 10:00–Donut Run 11:00– Exercise 1:00–Chicken Foot” & Games 3:00–Choir Practice 6:00–Sr. Citizens Game Night	18 9:30– Coffee/Visit 10:00– Bible Study 11:00– Memory Qz 1:00–Movie /Games 3:00– Reflections	19 9:30– Coffee/Visit 9:30– Country Store 11:00– Exercise 12:00–Men’s Lunch 1:00– Games 3:00–Spelling Bee	20 9:30– Coffee/ Visit 11:00– Memory Games 1:00– “Bridge” Tournament / Games	21 9:30– Coffee/Visit 11:00– Exercise  1:00– Games 3:00– BINGO 4:00– Brain Boosters	22 9:30– Coffee/ Visit  1:00–Games
23 9:30– Worship  10:30 - Coffee/Visit	24 9:30– Coffee/Visit 10:00–Donut Run 11:00– Exercise 1:00–“Chicken Foot” &Games 3:00– Choir Practice	25 9:30– Coffee/Visit 10:00– Bible Study 11:00– Memory 1:00–Movie / Games 3:00– One Card Bingo	26 9:30– Coffee/Visit 9:30– Country Store 11:00– Exercise 1:00– Games 3:00–Spelling Bee	27 9:30–Coffee/visit 11:00– Memory Games 1:00– Games 3:00 - Birthday Party 5:30– Pizza Party	28 9:30– Coffee/Visit 11:00– Exercise  1:00– Games 3:00– BINGO 4:00– Brain Boosters	29 9:30– Coffee/ Visit  1:00–Games
30 9:30– Worship  10:30 - Coffee/Visit	31 9:30– Coffee/Visit 10:00–Donut Run 11:00– Exercise 1:00–“Chicken Foot” & Games 3:00– Choir Practice			<b>Happy</b> Betty Jo Carlson 1/08  Pauline Adams 1/10	<b>Birthday</b> Clora Smith 1/17  Marie Stringer 1/17	

# Westgate Calendar

## January, 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
						9:00 Room Visits 10:00 Individual Activity ( Act Room )  1:00 Coffee Social 3:00 Bingo
<b>2.</b> 9:30 Church 10:30 Catholic Church Visits 1:30 Room Visits 2:00 Ice Cream Parlor 3:00 Bingo	<b>3.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Individual Activity ( Act Room or outside ) 10:00 Bible Study 1:00 Individual Activity ( Act Room ) 2:30 Bingo 4:00 Mail	<b>4.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 Word Search 9:00 Individual Activity ( Act Room ) 10:00 Exercise 1:00 Individual Activity ( Act Room ) 3:00 Memory Games 4:00 Mail	<b>5.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Beauty & Relaxation Therapy 1:00 Continue Beauty Care 3:00 Sing A Long 4:00 Mail	<b>6.</b> 8:00 Care Plans 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Individual Activity 10:00 Exercise <b>3:00 Cooking Class</b> 4:00 Mail	<b>7.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Individual Activity ( Act Room or outside ) 10:00 Coffee Shop 1:00 Individual Activity ( Act Room ) 3:00 Spanish Bakery 4:00 Mail	<b>8.</b> 9:00 Room Visits 10:00 Individual Activity ( Act Room )  1:00 Coffee Social 3:00 Bingo
<b>9.</b> 9:30 Church 10:30 Catholic Church Visits 1:30 Room Visits  3:00 Bingo	<b>10.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Individual Activity ( Act Room or outside ) 10:00 Bible Study 1:00 Individual Activity ( Act Room ) 2:30 Bingo 4:00 Mail	<b>11.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 Word Search 9:00 Individual Activity ( Act Room ) 10:00 Exercise 1:00 Individual Activity ( Act Room ) 3:00 Wheel of Fortune 4:00 Mail	<b>12.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Beauty & Relaxation Therapy 12:00 Men's Luncheon 3:00 Sing A Long 4:00 Mail	<b>13.</b> 8:00 Care Plans 8:30 Morning Greeting & Daily Devotion 9:00 Individual Activity ( Act Room or outside ) 10:00 Exercise 1:00 Individual Activity ( Act Room ) <b>3:00 Word Games</b> 4:00 Mail	<b>14.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Individual Activity ( Act Room or outside ) 10:00 Coffee Shop 1:00 Individual Activity ( Act Room ) 3:00 Movie & Hot Choc Party 4:00 Mail	<b>15.</b> 9:00 Room Visits 10:00 Individual Activity  1:00 Coffee Social 3:00 Bingo
<b>16.</b> 9:30 Church 10:30 Catholic Church Visits 1:30 Room Visits 2:00 Ice Cream parlor 3:00 Bingo	<b>17.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Individual Activity ( Act Room or outside ) 10:00 Bible Study 1:00 Individual Activity ( Act Room ) 2:30 Bingo 4:00 Mail	<b>18.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 Word Search 9:00 Individual Activity ( Act Room ) 10:00 Exercise 1:00 Individual Activity ( Act Room ) 3:00 Memory Games 4:00 Mail	<b>19.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Beauty & Relaxation Therapy 1:00 Continue Beauty Care 3:00 Sing A Long 4:00 Mail	<b>20.</b> 8:00 Care Plans 8:30 Morning Greeting & Daily Devotion 9:00 Individual Activity ( Act Room or outside ) 10:00 Exercise 1:00 Individual Activity ( Act Room ) 3:00 Cooking Class 4:00 Mail	<b>21.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Individual Activity ( Act Room or outside ) 10:00 Coffee Shop 1:00 Individual Activity ( Act Room ) 3:00 Pop- Corn Party 4:00 Mail	<b>22.</b> 9:00 Room Visits 10:00 Individual Activity  1:00 Coffee Social 3:00 Bingo
<b>23/30</b> 9:30 Church 10:30 Catholic church visits 1:30 Room Visits 3:00 Bingo	<b>24/31</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Individual Activity ( Act Room or outside ) 10:00 Bible Study 1:00 Individual Act 3:00 Bingo	<b>25.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 Word Search 9:00 Individual Activity ( Act Room ) 10:00 Exercise 3:00 Resident Council	<b>26.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Beauty & Relaxation Therapy 1:00 Continue Beauty care 3:00 Sing A Long	<b>27.</b> 8:00 Care Plans 8:30 Morning Greeting & Daily Devotion 9:00 Individual Activity ( Act Room or outside ) 10:00 Exercise 3:00 Word Games	<b>28.</b> 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Individual Activity ( Act Room or outside ) 10:00 Coffee Social 3:00 Birthday Party	<b>29.</b> 9:00 Room Visits 10:00 Individual Activity  1:00 Coffee Social 3:00 Bingo



# Adult Day Care January, 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1. <i>Closed</i>
2. <i>Closed</i>	3. 9:00 Word Search 10:15 Bible Study 1:00 Table Games 3:00 Bingo	4. 9:00 Word Search 10:00 Exercise 1:00 Individual Activity 3:00 Memory Games	5. 9:00 Beauty & Relaxation Therapy 1:00 Table Games 3:00 Sing A Long	6. 9:00 Word Search 10:15 Exercise 1:00 Social Time 3:00 Cooking Class	7. 9:00 Coffee & News 10:00 America's Funniest Videos 1:00 Table Games 3:00 Spanish Bakery	8. <i>Closed</i>
9. <i>Closed</i>	10. 9:00 Word Search 10:15 Music Program 1:00 Table Games 3:00 Bingo	11. 9:00 Word Search 10:00 Exercise 1:00 Individual Activity 3:00 Wheel of Fortune	12. 9:00 Beauty & Relaxation Therapy 1:00 Table Games 3:00 Sing A Long	13. 9:00 Word Search 10:15 Exercise 1:00 Social Time 3:00 Word Games	14. 9:00 Coffee & News 10:00 Movie 1:00 Table Games 3:00 Movie & Hot Choc	15. <i>Closed</i>
16. <i>Closed</i>	17. 9:00 Word Search 10:15 Bible Study 1:00 Table Games 3:00 Bingo	18. 9:00 Word Search 10:15 Exercise 1:00 Dominoes 3:00 Memory Games	19 9:00 Beauty & Relaxation Therapy 1:00 Table Games 3:00 Sing A Long	20. 9:00 Word Search 10:15 Exercise 1:00 Social Time 3:00 Cooking Class	21. 9:00 Coffee & News 10:00 Movie 1:00 Table Games 3:00 Pop-Corn Party	22. <i>Closed</i>
23. <i>Closed</i>	24. 9:00 Word Search 10:15 Bible Study 1:00 Table Games 3:00 Bingo	25. 9:00 Word Search 10:15 Exercise 1:00 Individual Activities 3:00 Movie	26. 9:00 Beauty & Relaxation Therapy 1:00 Table Games 3:00 Sing A Long	27. 9:00 Word Search 10:15 Exercise 1:00 Social Time 3:00 Word Games	28. 9:00 Coffee & News 10:00 Movie 1:00 Table Games 3:00 Birthday Party	29. <i>Closed</i>
30. <i>Closed</i>	31. 9:00 Word Search 10:15 Bible Study 1:00 Table Games 3:00 Bingo					

KING'S MANOR  
METHODIST RETIREMENT HOME, INC.  
400 Ranger Drive  
Hereford, Texas 79045

NON PROFIT ORG  
US POSTAGE PAID  
AMARILLO, TX  
PERMIT NO 247

**KING'S MANOR STAFF**  
**(806) 364-0661**

Executive Director ..... Shelly Moss  
Westgate Administrator ..... Laurel English  
Chief Financial Officer ..... Jim Layman  
Director of Nursing ..... Yolanda Alaniz  
Assist. Dir. Nursing ..... Lorenzo Martinez  
Social Services/Admiss. .... Becky Williams  
Activity Dir. Supervisor ..... Brenda Blacksher  
Activities-Manor ..... Mit Dennis  
Billing Coordinator ..... Janet Coleman  
Payroll ..... Janelle Cardinal  
Dir. Housekeep./Trans ..... Stella Delgado  
Dir. of Maintenance ..... Larry Carlson  
Dir. of Dietary Services ..... Gwen Whittaker  
Assist. Dir. of Dietary ..... Rosie Tijerina  
Asstd. Living/Adult Day Care Mgr. .... Kaye Hansard  
Dir. Samaritan Hospice ..... Kim Parr  
Chaplain ..... Joe Shultz  
Child Care Director ..... Marilyn Bell  
Administrative Assist. .... Missy Wilcox  
Public Relations Director ..... LeShea Mason

**King's Manor Board of Directors**

Chairman: Dan Higgins                      Secretary: Kathy Allison  
Members: John Perrin, Michael Carr, Julia Laing.  
Ex-officio: Kevin Bushart FUMC

*King's Manor Methodist Retirement System*

A Continuing Care Retirement Community offering

**Independent Living:** *Houses and Cottages*

**Assisted Living:** *Private Apartments*

**Adult Day Care Services:** *7:30 a.m. - 5:00 p.m., Social and intellectual stimulation, 2 hot meals and transportation provided.*

**24 - Hour Nursing Care:** *offering long-term care, respite care, physical and occupational therapy and quality nursing services. Private Pay, Medicaid and Insurance.*

**Child Care Center:** *Open to the community and Staff, 6:00 a.m. to 6:00 p.m. Mon - Fri. High staff ratios to provide love and care for your children.*

**Samaritan Hospice:** *Local professionals specializing in rural care in your home, or in the facility of your choice.*

**Sewing 13 Counties:** *Deaf Smith, Parmex, Oldham, Potter, Randall, Swisher, Castro, Bailey, Armstrong, Hartley, Hale, Lamb and Carson.*

The area's only not-for-profit, faith-based, community providing all levels of care in an affordable family atmosphere: Where loving care and friendships make it feel like home.