Hereford, Texas (806) 364-0661 APRIL, 2011

# Caring for the Generations

"Caring for the Generations" is a phrase that may sound familiar to you. It is at the bottom of King's Manor's stationary, on our brochures and so forth. The motto was coined to represent multiple meanings: the organization provides care for ages spanning from babies to elderly, and after nearly fifty years of service, King's Manor has provided care for several generations. I have written those words many times before. But, I write this time with a very different perspective.

I was sitting in the Manor dining room sanding last week, listening to the late afternoon activity around me. Residents were chatting in the temporary dining room next door (the Lamar room); some were walking back to their rooms. I could hear Janie Griego, a medication aid visiting with Clora Smith in Assisted Living. I smiled as I listened to her reminisce about how, as a young woman, Janie had taken care of Clora's mother at King's Manor. It gave me goose bumps to hear Clora and Janie speak of a shared memory from so many years ago. I have known, of course, that many of our staff have told similar stories. But. what struck me was that it has begun happening to me as well! I suddenly began thinking of several residents who had parents here when I first started at King's Manor 17 years ago part time as the Social Services Director.

There are so many staff members who can tell stories of having provided services of one kind or another to two or three generations. Gwen Whittaker, Dietary Director, has worked in dietary for nearly 40 years (as of October 16, 2011). Gwen started here 40 years of years ago as dishwasher and evening cook. Gwen says "I don't really feel that old but, then I realize that I cooked for a resident's mother 20 years earlier! While some of us "young" emplovees rely on our computers to do the record keeping, Gwen has kept a record of all employees and residents that she has worked with from both Manor and Westgate. Not long ago, she and Rosie cataloged it alphabetically in a three ring binder which they recently shared with me.

As I read through Gwen's book, names began jumping off the page at me, one after another. In flooded a sea of faces and memories: their histories and stories came back to me in waves, washing me in nostalgia. What a legacy King's Manor has in these walls and in the hearts and memories of the employees. They were not just "residents," they were each unique individuals with dreams and plans, accomplishments and conquests, children, grand children and great-grandchildren. I can't express the ways in which some of these people impacted me, taught me, and inspired me. I know I have been shaped and molded through the experience of sharing just a tiny slice of their lives. If you have worked or volunteered here more than a day, then you know what I am talking about. Right here on a few acres of caleche in Hereford, Texas is an enormous treasure! I, of course, am not referring to buried treasure, but to the vast depths of human experience, wisdom and love that have passed through this place and remains here still.

I told Gwen the conversation I had heard between Janie and Clora, and her eyes lit up. Gwen said, "I remember Clora's mother! Her name was Florence Fluitt and she loved to do ceramics. I still have some pieces I purchased from her years ago." Clora also fondly remembers her mother's love of ceramics and describes a beautiful ceramic Santa complete with his sleigh and Rudolph. I had not yet arrived during Florence's time here, but I did have the pleasure of knowing her son Lyle (Clora's brother), who lived here in Assisted Living. He was a true gentleman and a fascinating man.

Our faithful, long-time volunteer Bartley Dowell, just shared with me that he was once the Chairman of the Board of Directors and served on the Founder's Board. His inlaws, Bob and Buela Dobbins, were some of the earliest residents of the King's Manor cottages. They were followed by his parents Rupert and Minerva Dowell. I am looking forward to hearing some of the stories he carries under that cap of his!

Another great example, are original Founders, Bill Walden (former Founder President) and his wife Norma (former Founder's Secretary), who continue to support King's Manor after all these years. They came to enjoy a St. Patrick's Day stuffed potato at King's Manor last month.

(Continued on Page 2)

## Caring for the Generations (Continued from Page 1)

Mary Rocha, Director of Child Care, has been there long enough to see babies she cared for go off to college (my son included)! She has had in her care the grandchildren and great grandchildren of many residents. There are too many stories to tell of all the connections to be found here. There are many employees that have been here over 20 years, as you can see below. They, as well as so many other long-time employees, have gained invaluable insight from knowing these people, knowing their histories, and knowing their hearts. I find it both intriguing and comforting to be in a place where families and lives come full circle.

What an honor, what a privilege, to have such riches bestowed upon us!

Shelly Mass
Shelly Moss

Thank you to the following employees with five or more years of service:

Gwen Whittaker – 40 years Sara Huerta – 36 years Stella Delgado – 33 years Donna Hill – 31 years Rosie Tijerina – 26 years Mary Rocha – 25 years Maria Lopez – 25 years Alice Williams – 24 years Felicita Barrientos – 16 years Larry Carlson – 15 years Mary Jane Barrientos – 15 years Ofilia Saiazar – 15 years Lisa Mendoza – 14 years Janet Coleman – 13 years Esmeralda Ramirez – 12 years Carla Barrientos – 12 years Nicha Gaitan – 12 years Sylvia Gutierrez – 12 years

Lorenzo Martinez – 11 years

Debbie Gonzales – 11 years Hilda Condarco – 11 years Dora Franco – 10 years Chris Martinez – 10 years Jennifer McIntire – 10 years Laura Trevino – 10 years Anna Lopez – 9 years Christina Reyna – 9 years Gloria Ruiz – 8 years Kesha Tapia – 8 years Sandra Fowler – 7 years Becky Williams – 7 years Kristi Batenhorst – 7 years Brenda Blacksher – 7 years Veronica Cruz – 7 years Jane Eggen – 6 years Lacey Bridges – 6 years Janelle Cardinal – 6 years Kim Parr – 6 years Mary Valdez – 6 years Noemi Mungia – 6 years Laura Cervantes – 5 years Judy Montez – 5 years James Gollihugh – 5 years Julie Lueb – 5 years Cynthia Martinez – 5 years

## Office Closed

Good Friday, April 22, 2011 Happy Easter from the King's Manor Staff

# Our Appreciation . . .

**Donations to King's Manor** Shirley & Lucille Garrison A.W. & Jackie Shoffit

## Memorials to King's Manor Arthur Robinson

Paul & Lois Scott The Arthur Robinson Family Jim & Zula Arney Steve & Ginger Olson

#### **Martha Emerson**

Paul & Lois Scott Dorothy Szydolski Jim & Zula Arney Elvin & Joan Matthew

#### Richard Robinson

The Winget Family

## Van Earl Hughes

Kathryn Vardell

#### **Bonnie Dowlen**

Mr. & Mrs. Joe Boeckman

## Nancy Blakemore

Rita Reindl Joyce Jenkins A.W. & Jackie Shoffit

## **Alice Ochs**

Earl Stagner Joyce Jenkins

Ann Cummings
Leigh & Kay Carter
Carroll & Wanda Powell
Johnny & Jana Trotter
Mac & Mary McFarling
Priya & John Ellisor
Roger & Judy Williams
Sue Inmon
Jim & Zula Arney

## Memorials to Manor Dining Room Alice Ochs

Jimmy & Marilyn Bell BJ & Linda Gililland Roy & Shirley Carlson

## **Martha Emerson**

Jimmy & Marilyn Bell

#### Jo Hill

Jimmy & Marilyn Bell

Memorials to Samaritan Hospice Jerry Robert Matthews Richard Minchew

## **Alice Ochs**

Bera Boyd Johnson

## "If I Pray Louder, Will It Help?"

If I pray louder will it help? Those are the words I thought to myself the other day driving home after taking my sister to the Cardiologist in Amarillo. For the past twenty-three years, I have been a primary caregiver for my sister who has battled with Bipolar Schizophrenia.

I have also worked in Long Term Care almost as long. I promise it is easier at times working with other people's loved ones. Mental Health is a growing concern in this country. I don't know that we have more of it; I just think people don't feel as if they have to hide the condition.

We have several resources in our community for people to turn to. I do think that we need more public education geared to our young adult children on how to pick up on different signs of behavior with their peers and or loved ones.

As I reflect back to when I was young and on the different behaviors my sister had as a senior, I remember thinking that if this is what it means to be eighteen, forget it. But knowing now what I do, my sister was battling a chemical imbalance and as she reached her twenties we all just went on with our busy lives as all siblings do. Doctors say that a trauma can enhance the condition and cause it to get worse. Well, in my sister's case it did. When she had a beautiful child. the labor in itself was traumatic. The imbalance became worse and then she moved out of state with her husband with no medical assistance for her condition for a year.

Then, she came back to Texas. I did not know who my sister was; she had always been very intelligent and independent. It took several years of tears and prayer to finally get her diagnosed.

I have many stories in between, but

there is no need in dwelling over bad things. She has learned to function with her illness to the best of her ability. I can't dwell on (if we had just picked up on this when she was young she wouldn't have had such a hard time.) That's why I think it is so important to educate the community to not avoid action when noticing a change in the behavior of a loved one. Drugs and alcohol are not always the reason for a cognitive change in a

As I take you back to my first question, "If I pray louder will God hear me"; it's not how loud or how often you pray, it's do you listen and let God handle what you are asking. Now with my sister in Heart Failure. I don't pray anymore or any less; I just pray for something different.

This letter is dedicated to all the Caregivers; you are not alone using the resources that God puts in your path. May God bless you and watch over you, don't pray louder just give him the worries.

> Your Loving Sister, Brenda



## Volunteer **Appreciation** Luncheon **April 1, 2011**

KING'S MANOR **METHODIST HOME** 400 RANGER DR. 12:00 NOON in Lamar Room

(Volunteers Plant the **Seed of Kindness)** 

RSVP by March 30th 364-0661 ask for Brenda

## APRIL BIRTHDAYS

<b>Employees:</b>		Manor:
Rosa Ramos	4/01	Bernice Gre
Jane Matthews	4/04	Joyce Jenkii
Ashley Martinez	4/05	Otis Townse
Cynthia Martinez		Irene Reinai
Ernest Ortiz	4/16	Westgeter
Yadira Lara	4/20	Westgate: Miles Caudl
Janet Coleman	4/21	Bessie Math
Daniela Villegas	4/21	Dessie Maii
Kristi Batenhorst		Childcare:
Gloria Ruiz	4/23	Cadence Co
Kathleen Mendoza		Esteban Ma
Paula Aguilar	4/28	Xzandria Ro
April Luna		
Missy Wilcox		

TVIAIIVI •	
Bernice Greer 4/	01
Joyce Jenkins 4/	01
Otis Townsend	07
Irene Reinart 4/	29
Westgate:	
Miles Caudle 4/	09
Bessie Matheson4	11
Childcare:	
Cadence Copeland 4/	04
Esteban Martinez 4/	22
Xzandria Rodriguez 4/	27

## **King's Manor Activity News**

The residents at the Manor started March out with an outing to Casa Abalos on the 1st. Then, on the 3rd, we had a great time that afternoon with an activity called "Good Old Days." Laura and I decorated the table with quilts and baskets and served homemade jellies and bread to go along with the story that Laura read about canning and preparing foods the old-fashioned way. This activity brought up a lot of memories for everyone in attendance.

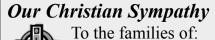
Speaking of memories; on the 8th, at Westgate, Catherine Enfield celebrated her 104th birthday with her family and friends.

It wasn't long until St. Patrick's Day was here and we were busy getting ready to celebrate. That morning, at the Manor, we had a great St. Patrick's party. We had Irish hats and beads for everyone to wear and sang songs. I learned that Irish songs are hard for me to sing! That afternoon, we had a party at Westgate. It was also a lot of fun. The residents danced in their chairs to Irish music and then refreshments were served. That evening, we had our Annual Baked Potato Supper in the Lamar Room. What a great turnout! We really appreciate everyone

that attended.

I am planning April's events and we have several special activities coming up this month. A big reminder to all of our volunteers that our Annual Volunteer Appreciation Luncheon will be at noon, Friday, April 1st in the Lamar Room. Also, our Annual Easter Egg Hunt with Childcare will be April 21st at 3:00 p.m. in the Lamar Room. Please look at your calendars for all the special upcoming events. With all the many activities that we have planned for April, I would just like to say the most special celebration of them all will be Easter and how thankful I am for this celebration.

Brenda Blacksher





Verlea Bainum
Herminia Esquivel
Alice Ochs

## Welcome

King's Manor extends a warm welcome to:

## Westgate:



Faye Wright
Arthur Alexander
Assisted Living:
Mary Frisbie
Independent Living:
Jeanette Thurman

## Samaritan Hospice

Spring is here and we have been very blessed with some beautiful weather (never mind the wind). Our volunteers have some big plans for this summer and we are excited about all that they are doing for our community. Their first project this summer will be to furnish and decorate a Hospice respite room in King's Manor's "Westgate Nursing Home." Also, in the spirit of neighbors making a difference, they are planning several fundraisers throughout the year that will offset costs where there is no other funding available for hospice care.

Samaritan Hospice will be having their "Annual Celebration on Life" at King's Manor on April 11th at 5:30 p.m. in the gazebo area. We will have a cookout followed by a balloon ceremony. We will be honoring all hospice patients who passed away during 2010. The community is invited.

We will be having a volunteer training on April, 19th from 9:00 a.m. – 5:00 p.m. at the Samaritan Hospice classroom. For more information call Linda @ 806-363-6085.

This month we Honor:

### "Helen Cook"

Helen lives in Muleshoe with her husband, Marshall Cook. Helen has one son and one daughter and several grandchildren. Her father was a cattleman in New Mexico & Texas while she was growing up. She has worked at Wilson's Appliance and then at the Senior Center in Muleshoe where she is still very active. She is also very active in the United Methodist Church of Muleshoe where her ministry is community outreach. Helen brings such a wonderful blessing to all of our patients with her bright smile and loving touch. Thank you Helen! We love you and are so blessed to have you!

> Blessings, Linda Brito Volunteer coordinator Samaritan Hospice



# THE MANOR April, 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Happy  Bernice Greer 4/01  Joyce Jenkins 4/01	Otis Townsend 4/07 Irene Reinart 4/29				9:30- Coffee/Visit 10:00- Room Visits 11:00- Exercise 12:00-Volunteer Luncheon LR 1:00- Games 3:00- BINGO	2. 9:30– Coffee/ Visit 1:00-Games
9:30- Worship (Communion) 10:30- Coffee / Visits 6:00- Wesley Methodist Church— fellowship	9:30- Coffee/Visit 10:00- Donut Run/ LR 11:00- Exercise 1:00- Resident's Council/ 1:00- Games 3:00- Choir Practice	9:30– Coffee/Visit 10:00-Room Visits 11:00– Bible Study 1:00-Movie / Games 3:30– One Card Bingo	9:30- Coffee/Visit 9:30- Country Store 11:00- Exercise 1:00- Games 2:30- Coke Float Party	7. 9:30- Coffee/ Visit 10:00- Nail Care 1:00- Games 3:00- Trivia	9:30- Coffee/Visit 10:00- Room Visits 11:00- Exercise 1:00- Games 3:00- BINGO	9. 9:30– Coffee/ Visit 1:00-Games
10. 9:30- Worship 10:00- Coffee / Visits	9:30- Coffee/Visit 10:00- Homemade Donuts w/ Laura 11:00- Exercise 1:00- Games 3:00- Choir Prac-	9:30- Coffee/Visit 10:00- Room Visits 11:00- Bible Study 1:00-Movie / Games 3:30- Memory Games	9:30- Coffee/Visit 9:30- Country Store 10:00- Color Eggs 11:00- Exercise 1:00- Games 3:00- Spelling Bee	9:30- Coffee/ Visit 10:00- The Good Old Days 1:00- Games 3:00- Patio Talk 5:00- Pizza Party	15. 9:30- Coffee/Visit 10:00- Room Visits 11:00- Exercise 1:00- Games 3:00- BINGO	16. 9:30- Coffee/ Visit 10:00- Passion of Christ ( Play ) 10:00-Games
17. Palm Sunday 9:30- Worship 10:00- Coffee/ Visits 5:30- Church of Christ Supper	18.9:30- Coffee Visit 10:00- Donut Run/ LR 11:00- Exercise 1:00- Games 3:00- Choir Practice 6:00-Senior Citz.	19. 9:30- Coffee/Visit 10:00-Room Visits 11:00- Bible Study 1:00-Movie / Games 3;30- One Card Bingo	20. 9:30- Coffee/Visit 9:30- Country Store 11:00- Exercise 1:00- Games 3:30- Reminisce	21. 9:30- Coffee/ Visit 10:00- Nail Care 1:00- Games 1:30- Room Visits 3:00- Easter Egg Hunt w/ Childcare	22. Good Friday 9:30– Coffee/Visit 10:00– Room Visits 11:00– Exercise 1:00– Games	23. 9:30– Coffee/ Visit 1:00-Games
24. Easter 9:30- Worship 10:00- Coffee/ Visits	25. 9:30- Coffee/Visit 10:00- Donut Run/ LR 11:00- Exercise 1:00- Games 3:00- Choir Practice	26. 9:30- Coffee/Visit 10:00- Room Visits 11:00- Bible Study 1:00-Movie / Games 3:00- Alice Ward Circle	9:30- Coffee/Visit 9:30- Country Store 11:00- Exercise 1:00- Games 3:30-Spelling Bee	28. 9:30- Coffee/ Visit 10:00- Mr. & Mrs. Right ( Game ) LR 1:00- Games 3:30 Birthday Party!	29. 9:30- Coffee/Visit 10:00- Room Visits 11:00- Exercise 1:00- Games 3:00- BINGO	30. 9:30– Coffee/ Visit 1:00-Games

# Westgate Calendar April, 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				3	I. 8:30 Morning Greeting & Daily Devotion I on I 9:00 Individual Activity (Act Room or outside) 10:00 Coffee Shop 12:00 Volunteer Luncheon LR 3:00 The good old Days 4:00 Mail	2.9:00 Room Visits 10:00 Individual Activity (Act Room) 1:00 Coffee Social 3:00 Bingo
3. 9:30 Church 10:30 Coffee Visits LR 10:30 Catholic Church Visits 1:30 Room Visits 3:00 Ice Cream Parlor	4. 8:30 Morning Greeting & Daily Devotion I on I 9:00 Individual Activity (Act Room or outside) 10:00 Bible Study 1:00 Individual Activity (Act Room) 2:30 Bingo 4:00 Mail	5. 8:30 Morning Greeting & Daily Devotion I on I Word Search 9:00 Individual Activity (Act Room) 10:00 Exercise 1:00 Individual Activity (Act Room) 3:00 Memory Games 4:00 Mail	8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Beauty & Relaxation Therapy 1:00 Continue Beauty Care 3:00 Sing A Long 4:00 Mail	7.8:00 Care Plans 8:30 Morning Greet- ing & Daily Devotion I on I 9:00 Individual Activity 10:00 Exercise 3:00 Movie & Pop- corn 4:00 Mail	8. 8:30 Morning Greeting & Daily Devotion I on I 9:00 Individual Activity (Act Room or outside) 10:00 Coffee Shop 1:00 Individual Activity (Act Room) 3:00 Crafts 4:00 Mail	9. 9:00 Room Visits 10:00 Individual Activity (Act Room) 1:00 Coffee Social 3:00 Bingo
10. 9:30 Church 10:00 Coffee Visits LR 10:30 Catholic Church Visits 2:00 Bingo	11. 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Individual Activity (Act Room or outside) 10:00 Bible Study 1:00 Individual Activity (Act Room) 2:30 Bingo 4:00 Mail	12. 8:30 Morning Greeting & Daily Devotion 1 on 1 Word Search 9:00 Individual Activity (Act Room) 10:00 Exercise 1:00 Individual Activity (Act Room) 3:00 Table Games 4:00 Mail	8:30 Morning Greeting & Daily Devotion 1 on 1 10:00 Coloring Eggs LR 3:00 Sing A Long 4:00 Mail	14.8:00 Care Plans 8:30 Morning Greeting & Daily Devotion 9:00 Individual Activity (Act Room or outside) 10:00 Exercise 1:00 Individual Activity 3:00 Patio Talk 4:00 Mail	15. 8:30 Morning Greeting & Daily Devotion 1 on 1 9:00 Individual Activity (Act Room or outside) 10:00 Coffee Shop 1:00 Individual Activity (Act Room) 3:00 Resident Council 4:00 Mail	16. 9:00 Room Visits 10:00 Individual Activity 1:00 Coffee Social 3:00 Passion of Christ (Play) Lamar Room
17. Palm Sun. 9:30 Church 10:30 Coffee Visits LR 10:30Catholic Church Visits 1:30 Room Visits 2:00 Soda Shop	18.8:30 Morning Greeting & Daily Devotion 9:00 Individual Activity (Act Room or outside) 10:00 Bible Study 1:00 Individual Activity (Act Room) 2:30 Bingo 4:00 Mail	19.8:30 Morning Greeting & Daily Devotion 1 on 1 Word Search 9:00 Individual Activity (Act Room) 10:00 Exercise 1:00 Individual Activity 3:00 Memory Games 4:00 Mail	20. 8:30 Morning Greeting & Daily Devotion I on I 9:00 Beauty & Relaxation Therapy 1:00 Continue Beauty Care 3:00 Sing A Long 4:00 Mail	21.8:00 Care Plans 8:30 Morning Greeting & Daily Devotion 9:00 Individual Activity (Act Room or outside) 10:00 Exercise 1:00 Individual Activity (Act Room) 3:00 Easter Egg Hunt w/ Childcare 4:00 Mail	22. Good Friday 8:30 Morning Greeting 9:00 Individual Activity (Act Room or outside) 10:00 Coffee Shop 1:00 Individual Activity (Act Room) 3:00 Table Games	23.9:00 Room Visits 10:00 Individual Activity 1:00 Coffee Social 3:00 Bingo
24.Easter 9:30 Church 10:30 Coffee Visits LR 10:30 Catholic church visits	25. 8:30 Morning Greeting & Daily Devotion I on I 9:00 Individual Activity (Act Room or out- side) 10:00 Bible Study 1:00 Individual Act 2:30 Bingo	26.8:30 Morning Greeting & Daily Devotion I on I Word Search 9:00 Individual Activity (Act Room) 10:00 Exercise 1:00 Individual Activity 3:00 Alice Ward Circle 4:00 Mail	27.8:30 Morning Greeting & Daily Devotion I on I 9:00 Beauty & Relaxation Therapy I:00 Continue Beauty Care 3:00 Sing A Long 4:00 Mail	28.8:00 Care Plans 8:30 Morning Greeting & Daily Devotion 9:00 Individual Activity (Act Room or outside) 10:00 Exercise 1:00 Individual Activity 3:00 Patio Talk 4:00 Mail	29.8:30 Morning Greeting & Daily Devotion I on I 9:00 Individual Activity (Act Room or outside) 10:00 Coffee Shop 1:00 Individual Activity (Act Room) 3:00 Birthday Party 4:00 Mail	30.9:00 Room Visits 10:00 Individual Activity 1:00 Coffee Social 3:00 Bingo



# Adult Day Care April, 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1.9:00 Coffee & News 10:00 America's Funniest Videos 1:00 Table Games 3:00 The Good Old Days	2. Closed
3. Closed	4. 9:00 Word Search 10:15 Bible Study 1:00 Table Games 3:00 Bingo	5. 9:00 Word Search 10:00 Exercise 1:00 Individual Activity 3:00 Memory Games	6. 9:00 Beauty & Relaxation Therapy 1:00 Table Games 3:00 Sing A Long	7. 9:00 Word Search 10:15 Exercise 1:00 Social Time 3:00 Movie & Popcorn	8.9:00 Coffee & News 10:00 America's Funniest Videos 1:00 Table Games 3:00 Crafts	9. Closed
10. Closed	9:00 Word Search 10:15 Music Pro- gram 1:00 Table Games 3:00 Bingo	12. 9:00 Word Search 10:00 Exercise 1:00 Individual Activity 3:00 Table Games	13.9:00 Beauty & Relaxation Therapy 10:00 Coloring Easter Eggs 1:00 Table Games 3:00 Sing A Long	14. 9:00 Word Search 10:15 Exercise 1:00 Social Time 3:00 Patio Talk	15. 9:00 Coffee & News 10:00 Movie 1:00 Table Games 3:00 Movie & Popcorn	16. Closed
17. Closed	18. 9:00 Word Search 10:15 Bible Study 1:00 Table Games 3:00 Bingo	19. 9:00 Word Search 10:15 Exercise 1:00 Dominoes 3:00 Memory Games	20. 9:00 Beauty & Relaxation Therapy 1:00 Table Games 3:00 Sing A Long	21. 9:00 Word Search 10:15 Exercise 1:00 Social Time 3:00 Easter Egg Huntw/Childcare	22. Closed for Good Fri- day	23. Closed
24. Closed	25. 9:00 Word Search 10:15 Bible Study 1:00 Table Games 3:00 Bingo	26. 9:00 Word Search 10:15 Exercise 1:00 Dominoes 3:00 Table Games	27. 9:00 Beauty & Relaxation Therapy 1:00 Table Games 3:00 Sing A Long	28. 9:00 Word Search 10:15 Exercise 1:00 Social Time 3:00 Patio Talk	29. 9:00 Coffee & News 10:00 Movie 1:00 Table Games 3:00 Birthday Social	30. Closed

KING'S MANOR METHODIST RETIREMENT HOME, INC. 400 Ranger Drive Hereford, Texas 79045 NON PROFIT ORG US POSTAGE PAID AMARILLO, TX PERMIT NO 247

## KING'S MANOR STAFF (806) 364-0661

` ,	
Executive Director	Shelly Moss
Westgate Administrator	Laurel English
Chief Financial Officer	Jim Layman
Director of Nursing	Yolanda Alaniz
Assist. Dir. Nursing	Lorenzo Martinez
Social Services/Admiss	Becky Williams
Activity Dir.	Brenda Blacksher
Billing Coordinator	
Payroll	Janelle Cardinal
Dir. Housekeep./Trans	Stella Delgado
Dir. of Maintenance	Larry Carlson
Dir. of Dietary Services	Gwen Whittaker
Assist. Dir. of Dietary	Rosie Tijerina
Asstd. Living/Adult Day Care Mgr	Kaye Hansard
Dir. Samaritan Hospice	Kim Parr
Chaplain	Joe Shultz
Child Care Director	Mary Rocha
Administrative Assist.	
Public Relations Director	LeShea Mason

## **King's Manor Board of Directors**

Chairman: Dan Higgins Secretary: Kathy Allison Members: John Perrin, Michael Carr, Julia Laing. Ex-officio: Kevin Bushart FUMC

## King's Manor Methodist Retirement System

A Continuing Care Retirement Community offering

**Independent Living:** Houses and Cottages

**Assisted Living:** Private Apartments

Adult Day Care Services: 7:30 a.m. - 5:00 p.m., Social and intellectual stimulation, 2 hot meals and transportation provided.

**24 - Hour Nursing Care:** offering long-term care, respite care, physical and occupational therapy and quality nursing services. Private Pay, Medicaid and Insurance.

**Child Care Center:** Open to the community and Staff, 6:00 a.m. to 6:00 p.m. Mon - Fri. High staff ratios to provide love and care for your children.

Samaritan Hospice: Local professionals specializing in rural care in your home or in the facility of your choice. Sewing 13 Counties: Deaf Smith, Farmer, Oldham, Fotter, Randall, Swisher, Castro, Bailey, Armstrong, Hartley, Hale, Lamb and Carson.

The area's only not-for-profit, faith-based, community providing all levels of care in an affordable family atmosphere: Where loving care and friendships make it feel like home.