



Holiday Baking Dilemma Solved

Entertaining in my home, whether for the holidays of just in general always presents a problem for me. Do I cook or clean? Doing both is very hard when time is limited. And, even given worlds of time there was a dilemma. If I cleaned first, then the house was no longer presentable by the time the cooking was done. If I cooked first, the food was no longer hot and fresh by the time I cleaned. Part of my holiday dilemma has been solved! King's Manor is going to do all of my baking for the holidays. All I have to do is pull it out of the freezer, thaw and Viola!

Beautiful and delicious cakes, pies, cookies, and more will be on the auction block on November 10, 2011 at our 2nd annual dessert auction. We will begin the evening enjoying a tasty brisket meal prepared by our very capable dietary staff. Though it is our regular family night, please do not bring side dishes as the entire meal will be pre-

pared by King's Manor at a charge of \$10 a person. We will begin serving at 6:00 pm, but don't worry if you can't be there right on the nose, we will have food available until 6:45 pm. Due to the enormous outpouring of support last year (we had no idea so many of you were wonderful pastry chiefs and bakers); we are dividing the auction into two categories, live and silent. Quick breads, cookies, brownies, etc. will go in the silent auction to allow for quick purchases. Cakes, cheesecakes, pies and larger items will go in the live auction. If you are not in the mood to bake this year, but still want your family to be surrounded by homemade items with love and kisses baked right in, this is the place to be.

Proceeds from the event will go towards refurbishing the 300 hall in Westgate; painting, purchasing furniture and creating a more comfortable environment for our skilled care and rehab patients. In this time

of Medicare and Medicaid cuts, we rely on the support of the community to help us continue providing quality services and comfortable surroundings for our residents.

As a special treat, we will be enjoying live music by Daron Norwood between 6:30 and 7:00 pm while we eat and admire the auction items. Daron is a Texas boy through and through and was brought up on gospel music. In 2004, Daron Norwood was nominated for 5 awards, and was honored with the Song of the Year by the Inspirational Country Music Association with the song, "In God We Trust." He will be sharing a mix of county and gospel with us to help ease us into the holiday spirit. No fancy sound and lights, just good old fashioned vocals (his performance is kindly at no cost to King's Manor).

We hope you will join us for a delightful evening with friends and family and a great opportunity to

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You're Invited to:

2nd Annual King's Manor Homemade Dessert Auction & Dinner

November 10, 2011

Lamar Room

Brisket Dinner—6:00 p.m.—\$10.00 per person

Auction—7:00 p.m.

Proceeds to refurbish rooms at Westgate

For more information or to RSVP call 364-0661



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get your baking done! For further information or to RSVP, please call Missy at 806-364-0661. If you are bringing a dessert, it will need to be brought to the King's Manor office by 5:00 p.m. on Wednesday, November 9th. We will see you there!

Shelly Moss
Shelly Moss

Thanksgiving Dinner

We hope you can join your family members for Thanksgiving Dinner here at King's Manor. To ensure accommodations, please call 364-0661 to make reservations by 5:00 p.m. - Monday, November 14, 2011. Thanksgiving Dinner will be served at noon in the Lamar Room and the price is \$10.00 each.



Children 5 and under are free.



Thanksgiving Menu

Turkey & Ham
Cornbread Dressing
Giblet Gravy
Sweet Potatoes
Cranberry Sauce
Rolls
Peas and Pearl Onions
Pumpkin Pie
Salad Bar
Pecan Pie



Samaritan Hospice was well represented at the recent 5th Annual King's Manor Autumn Health Fair. Shown staffing the Samaritan table at this time are Kristi Batenhorst and Tena Hughs.



King's Manor recently honored Gwen Whittaker, Director of Dietary Services, for 40 years of service. Pictured with Gwen is Rosie Tijerina, Assistant Dietary Director.

Activity News

October is the start of many special events for the Holidays. On the 6th, at the Manor, Laura led a cooking class for the residents. They made great tasting apples on a stick decorated up for the fall. As scheduled every Friday, Ken Branum came to call Bingo for the Manor residents. We appreciate him so much. On the 12th, the Manor residents enjoyed treats from the Spanish Bakery; this is one of my favorite sweet treats. On the 20th, the Activity Department set up a craft table at the Health Fair; all crafts were made by Mary McFarling. We appreciate all her hard work. As always, the Health Fair was a great success. On the 31st, the childcare went around the facility “trick or treating” to the residents rooms that morning and then refreshments were served to all in the Lamar Room. That afternoon, Westgate residents and Childcare children had a great time at our Annual Harvest Party. Then, that evening, staff members brought their children to “trick or treat”. The residents really enjoyed the children.

November brings a busy schedule for all; Veteran’s Day falls on Friday the 11th and the R.O.T.C. will be presenting the “colors” for the program at 10:00 a.m. in the Lamar Room. Thanksgiving is, of course, on the 24th; lunch will be served in the Lamar Room for the Manor residents and we ask that all residents having guests please let Laura know by the 14th, so that the kitchen will have time to prepare. The cost of the meal will be \$10.00 a plate for guests. We hope you

are able to attend. The meal is always excellent. All volunteers that would like to help that day will receive their meal for free. I pray that everyone has a great Thanksgiving Day with your loved ones.

Christmas is just around the corner and we will have several programs starting in late November and throughout December. We look forward to seeing all the children that come from all the churches and schools. Be sure to check your calendars for special events for the upcoming months.

Brenda Blacksher
Dir. of Activities

Angels Among Us

We have a very sweet, quiet Angel that walks the halls of Westgate just almost as regularly as the sun rises and sets. Her name is Kris Dollar. She has a dear friend whom she has loved for many years. When it came time for her friend to come into the nursing home for care, Kris just continued the relationship right past the front doors of King’s Manor. She works all day and then comes in the afternoon to shower her little friend with love. Kris is a wonderful advocate for her as well as a great supporter of King’s Manor. Thank you Kris; your wings show through!



Samaritan Hospice News

Samaritan Hospice folks are busy little bees this time of year. Our volunteers are in the midst of several fundraising projects as well as still working on the respite rooms. We will be getting things ready for the Angel Trees as well as having our Bake Sales and Wreath Sales on November 16th in Friona and on December 8th in Hereford at King’s Manor. We look forward to helping our community as much as we can through the holiday seasons. Again, we welcome any help with baked goods or making wreaths....If you would like to donate a baked good or your time, please call Linda @ 626-8467.

Samaritan Hospice is presenting a free one hour seminar on Grief and the Holidays Monday, November 14th and Monday, December 5th at 5:30 p.m., 426 N. Main. For more information call Kristi at 363-6085.

Samaritan Hospice
Volunteer Director,
Linda Brito

King’s Manor Auxiliary

King’s Manor Auxiliary Meeting
November 8, 2011
10:00 a.m.—Lamar Room
Installation of Officers
Encouraging all former, current, and new members to attend
Dues: \$10.00—Payable at meeting

Our Appreciation . . .

Donations to King's Manor

Wayne & Kris Dollar
A.W. & Jackie Shoffit
Sylvia Douglas
First National Bank
Socorro Gonzalez
Sherry Hardy

In Honor of:

Mr. & Mrs. Eldon Fortenberry

Wayne & Kris Dollar

Elmer & Irene Reinart

Melinda & John Sullivan

Memorials to King's Manor

Earl Stagner

Betty Sue Robinson
Nancy Hays

Inez Welch

The Furman Family

Eleanor Hudspeth

The Furman Family

Jean Easley

Betty Sue Robinson

Bobbie Kitchens

Nancy Hays

Jean Scott

Jan Garrett
Jerry & Sue Smith
Jelly & Rosalee McGowen
Ann Cummings
R.C. & Dorine Campsey
Chick & Nancy Russell
Alta Mae Higgins
Katherine Smith
Roy & Sandi Blevins

Morgan Cain

The Langleys

Welcome

King's Manor extends a warm welcome to:

Westgate:

Pedro Cervantez
George Paetzold
Enrique Jackson II

Assisted Living:

Jolene Bledsoe

Independent Living:

Ron Buse
Dr. Trow Mims



Our Christian Sympathy

to the families of:

Edna Pender
Jean Scott
Willie McCauley



NOVEMBER BIRTHDAYS

Employees:

Pam Ruckman11/03
Julie Lueb.....11/07
Shelly Moss.....11/07
Leah Smith.....11/07
Mendy Myers.....11/18
Noemie Mungia11/24
Janelle Cardinal.....11/26
Armando Camacho11/27
Stella Delgado.....11/29

Manor:

Bill Blakemore11/04
Kathryn Vardell.....11/05
Jelly McGowen.....11/06
Manley Burrow11/09

Westgate:

Condra Padilla.....11/12
Frances Pannell.....11/12
Vera Newton.....11/29

Childcare:

Jeremiah Reyes11/16

A SENTIMENTAL JOURNEY

Wilton Windwehen & Flo Dewey

Were married on
November 8, 1942.

You are invited to a reception
to celebrate that enduring love

Lamar Room at King's Manor
400 Ranger • Hereford, TX
November 6, 2011 ~ 2-4 pm

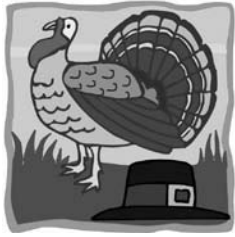
If you are unable to attend,
you may send a card to the above address



Office Closed

November 24, 2011

November 25, 2011



THE MANOR

November, 2011



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|--|---|---|---|
| | | <p>1. 9:00 Coffee Visits 10:00 Room Visits 11:00 Bible Study 1:00 Movie & Games 2:00 Patio Talk</p> | <p>2. 9:00 Coffee Visits 9:30 Country Store 11:00 Exercise 1:00 Games 2:00 Spelling Bee</p> | <p>3. 9:00 Coffee Visits 10:00 Nail Care 1:00 Games 2:00 Apple Cider Get together 6:00 Supper Club</p> | <p>4. 9:30 Coffee Visits 11:00 Exercise 1:00 Games 3:00 Bingo</p> | <p>5. 9:30 Coffee Visits 1:00 Games</p> |
| <p>6. Time to:  Fall Back 9:00 Worship 10:00 Coffee Visits 1:00 Games 6:00 Wesley Methodist Fellowship</p> | <p>7. 9:30 Coffee Visits 10:00 Donut Run 11:00 Exercise 1:00 Resident Council 1:00 Games 3:00 Choir Practice</p> | <p>8. 9:00 Coffee Visits 10:00 KM Auxiliary Meeting 11:00 Bible Study 1:00 Movie/Games 2:00 One Card Bingo</p> | <p>9. 9:00 Coffee Visits 9:30 Country Store 11:00 Exercise 1:00 Games 2:00 DQ outing</p> | <p>10. 9:00 Coffee Visits 10:00 Nail Care 1:00 Games 2:00 Cooking Class 6:00 Dessert Auction</p> | <p>11. Veterans Day 9:30 Coffee Visits 10:00 Veterans Day Program 11:00 Exercise 1:00 Games 3:00 Bingo</p> | <p>12. 9:30 Coffee Visits 1:00 Games</p> |
| <p>13. 9:00 Worship 10:00 Coffee Visits 1:00 Games</p> | <p>14. 9:30 Coffee Visits 10:00 Donut Run 11:00 Exercise 1:00 Games 3:00 Choir Practice</p> | <p>15. 9:00 Coffee Visits 11:00 Bible Study 1:00 Movie & Games 2:00 Chocolate Chip Cookies</p> | <p>16. 9:00 Coffee Visits 9:30 Country Store 12:00 Men's Luncheon 11:00 Exercise 1:00 Games 2:00 Spelling Bee</p> | <p>17. 9:00 Coffee Visits 10:00 Nail Care 1:00 Games 3:00 Birthday Party</p> | <p>18. 9:30 Coffee Visits 11:00 Exercise 1:00 Games 3:00 Bingo</p> | <p>19. 9:30 Coffee Visits 1:00 Games</p> |
| <p>20. 9:00 Worship 10:00 Coffee Visits 1:00 Games 5:30 Church of Christ</p> | <p>21. 9:30 Coffee/Visits 10:00 Donut Run 11:00 Exercise 1:00 Games 3:00 Choir Practice 5:00 Game Night @ Senior Cit.</p> | <p>22. 9:00 Coffee Visits 10:00 Room Visits 11:00 Bible Study 1:00 Movie & Games 2:00 One Card Bingo</p> | <p>23. 9:00 Coffee Visits 9:30 Country Store 11:00 Exercise 1:00 Games 2:00 Movie and Popcorn in (LR)</p> | <p>24.  9:00 Coffee Visits 12:00 Thanksgiving Meal Family & Friends</p> | <p>25. 9:30 Coffee Visits 11:00 Exercise 1:00 Games 3:00 Bingo</p> | <p>26. 9:30 Coffee Visits 1:00 Games</p> |
| <p>27. 9:00 Worship 10:00 Coffee Visits 1:00 Games</p> | <p>28. 9:30 Coffee Visits 10:00 Donut Run 11:00 Exercise 1:00 Games 3:00 Choir Practice</p> | <p>29. 9:00 Coffee Visits 10:00 Room Visits 11:00 Bible Study 1:00 Movie & Games 2:00 Spanish Bakery</p> | <p>30. 9:00 Coffee Visits 9:30 Country Store 11:00 Exercise 1:00 Games 2:00 Crafts</p> | <p> Happy Birthday Bill Blakemore 11/04 Kathryn Vardell 11/05 Jelly McGowen 11/06 Manley Burrow 11/09</p> | | |



Westgate Calendar

November, 2011



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|---|--|---|--|--|
| | | 1 8:30 Morning Greeting & Room Visits 9:00 Individual Act Activity Room 10:00 Exercise 1:00 Individual Act 3:00 Popcorn Social 4:00 Mail | 2 8:30 Morning Greeting & Room Visits 9:00 Beauty Care 1:00 Individual Activity (Activity Room) 3:00 Music Therapy 4:00 Mail | 3 8:30 Morning Greeting & Rm Visits 9:00 Individual Act Activity Room 10:00 Exercise 1:00 Individual Act 3:00 Remember When 4:00 Mail | 4 8:30 Morning Greeting & Room Visits 9:00 Individual Act Activity Room 10:00 Spanish Bingo 1:00 Individual Act 3:00 A Taste of Fall 4:00 Mail | 5 9:30 Room Visits 10:00 Exercise w/ Ball Toss 1:00 Table Games & Dominoes 3:00 Bingo |
| 6 Time to: Fall Back 9:00 Church 10:00 Coffee social 10:15 Catholic Church Room Visits 1:30 Room Visits 3:00 Movie & Popcorn | 7 8:30 Morning Greeting & Room Visits 9:00 Individual Act Activity Room 10:00 Bible Study 1:00 Individual Act 2:30 Bingo 4:00 Mail | 8 8:30 Morning Greeting & Room Visits 9:00 Individual Act Activity Room 10:00 Exercise 1:00 Individual Act 3:00 Crafts 4:00 Mail | 9 8:30 Morning Greeting & Room Visits 9:00 Beauty Care 1:00 Individual Activity (Activity Room) 3:00 Music Therapy 4:00 Mail | 10 8:30 Morning Greeting & Rm Visits 9:00 Individual Act Activity Room 10:00 Exercise 1:00 Individual Act 3:00 Spelling Bee 4:00 Mail | 11 Veterans Day 8:30 Morning Greeting & Room Visits 10:00 Veterans Program / Lamar Room 3:00 Table Games | 12 9:30 Room Visits 10:00 Remember When 1:00 Individual Activities / Act Room 3:00 Bingo |
| 13 9:00 Church 10:00 Coffee Social 10:15 Catholic Church Rm Visits 1:30 Room Visits | 14 8:30 Morning Greeting & Room Visits 9:00 Individual Act Activity Room 10:00 Bible Study 1:00 Individual Act 2:30 Bingo 4:00 Mail | 15 8:30 Morning Greeting & Room Visits 9:00 Individual Act Activity Room 10:00 Exercise 1:00 Individual Act 3:00 Trivia 4:00 Mail | 16 8:30 Morning Greeting & Room Visits 9:00 Beauty Care 1:00 Individual Activity (Activity Room) 3:00 Music Therapy 4:00 Mail | 17 8:30 Morning Greeting & Rm Visits 9:00 Individual Act Activity Room 10:00 Exercise 1:00 Individual Act 3:00 Table Games / Dominoes 4:00 Mail | 18 8:30 Morning Greeting & Room Visits 9:00 Individual Act Activity Room 10:00 Coffee Social 1:00 Individual Act 3:00 Birthday Party 4:00 Mail | 19 9:30 Room Visits 10:00 Exercise w/ Ball Toss 1:00 Table Games & Dominoes 3:00 Bingo |
| 20 9:00 Church 10:00 Coffee Social 10:15 Catholic Church Room Visits | 21 8:30 Morning Greeting & Room Visits 9:00 Individual Act Activity Room 10:00 Bible Study 1:00 Individual Act 2:30 Bingo 4:00 Mail | 22 8:30 Morning Greeting & Room Visits 9:00 Individual Act Activity Room 10:00 Exercise 1:00 Individual Act 3:00 Cooking Class 4:00 Mail | 23 8:30 Morning Greeting & Room Visits 9:00 Beauty Care 1:00 Individual Activity 3:00 Music Therapy 4:00 Mail | 24 Happy Thanksgiving 8:30 Morning Greeting & Room Visits 10:00 Coffee Social 12:00 Thanksgiving Meal / Family & Friends | 25 8:30 Morning Greeting & Rm Visits 9:00 Individual Act Activity Room 10:00 Coffee & Donuts 3:00 Movie & Popcorn 4:00 Mail | 26 9:30 Room Visits 10:00 Donuts & coffee 1:00 Table Games & Dominoes 3:00 Bingo |
| 27 9:00 Church 10:00 Coffee Social 10:15 Catholic Church Rm Visits 1:30 Room Visits | 28 8:30 Morning Greeting & Room Visits 9:00 Individual Act Activity Room 10:00 Bible Study 1:00 Individual Act 2:30 Bingo 4:00 Mail | 29 8:30 Morning Greeting & Room Visits 9:00 Individual Act Activity Room 10:00 Exercise 1:00 Individual Act 3:00 Remember When? 4:00 Mail | 30 8:30 Morning Greeting & Room Visits 9:00 Beauty Care 1:00 Individual Activity (Activity Room) 3:00 Music Therapy 4:00 Mail | | | |



Adult Day Care November, 2011



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-------------------------|--|--|--|--|---|-------------------------|
| | | <p>1. 8:00 - Morning Greeting 10:00- Exercise</p> <p>1:00 - Table Games 3:00-Popcorn Social</p> | <p>2. 8:00 - Morning Greeting 9:00 - Beauty & Relaxation</p> <p>1:00 - Table Games 3:00 - Music Therapy</p> | <p>3. 8:00 - Morning Greeting 10:00 - Exercise</p> <p>1:00 - Table Games 3:00- Remember When</p> | <p>4. 8:00 - Morning Greeting 10:00 Coffee Social 1:00 Table Games 3:00 A Taste of Fall</p> | <p>5. Closed</p> |
| <p>6. Closed</p> | <p>7 8:00 - Morning Greeting & Coffee 10:00 - Bible Study 2:30 Bingo 3:30- Individual activity</p> | <p>8 8:00 - Morning Greeting 10:00- Exercise</p> <p>1:00 - Table Games 3:00- Crafts</p> | <p>9 8:00 - Morning Greeting 9:00 - Beauty & Relaxation</p> <p>1:00 - Table Games 3:00 - Music Therapy</p> | <p>10 8:00 - Morning Greeting 10:00 - Exercise</p> <p>1:00 - Table Games 3:00- Spelling Bee</p> | <p>11 Closed Veterans Day</p> | <p>12 Closed</p> |
| <p>13 Closed</p> | <p>14 8:00 - Morning Greeting & Coffee 10:00 - Bible Study 2:30 Bingo 3:30- Individual activity</p> | <p>15 8:00 - Morning Greeting 10:00- Exercise</p> <p>1:00 - Table Games 3:00- Trivia</p> | <p>16 8:00 - Morning Greeting 9:00 - Beauty & Relaxation</p> <p>1:00 - Table Games 3:00 - Music Therapy</p> | <p>17 8:00 - Morning Greeting 10:00 - Exercise</p> <p>1:00 - Table Games 3:00 - Table Games</p> | <p>18 8:00 - Morning Greeting 10:00 Coffee Social 1:00 Table Games 3:00 Birthday Party</p> | <p>19 Closed</p> |
| <p>20 Closed</p> | <p>21 8:00 - Morning Greeting & Coffee 10:00 - Bible Study 2:30 Bingo 3:30- Individual activity</p> | <p>22 8:00 - Morning Greeting 10:00- Exercise</p> <p>1:00 - Table Games 3:00- Cooking Class</p> | <p>23 8:00 - Morning Greeting 9:00 - Beauty & Relaxation</p> <p>1:00 - Table Games 3:00 - Music Therapy</p> | <p>24 Closed Happy Thanksgiving</p> | <p>25 8:00 - Morning Greeting 10:00 Coffee Social 1:00 Table Games 3:00 Movie & Pop-Corn</p> | <p>26 Closed</p> |
| <p>27 Closed</p> | <p>28 8:00 - Morning Greeting & Coffee 10:00 - Bible Study 2:30 Bingo 3:30- Individual activity</p> | <p>29 8:00 - Morning Greeting 10:00- Exercise</p> <p>1:00 - Table Games 3:00- Remember When</p> | <p>30 8:00 - Morning Greeting 9:00 - Beauty & Relaxation</p> <p>1:00 - Table Games 3:00 - Music Therapy</p> | | | |
| | | | | | | |

KING'S MANOR
METHODIST RETIREMENT HOME, INC.
400 Ranger Drive
Hereford, Texas 79045

NON PROFIT ORG
US POSTAGE PAID
AMARILLO, TX
PERMIT NO 247

KING'S MANOR STAFF
(806) 364-0661

Executive Director Shelly Moss
Westgate Administrator..... Laurel English
Chief Financial Officer Jim Layman
Director of Nursing Yolanda Alaniz
Assist. Dir. Nursing..... Lorenzo Martinez
Social Services/Admiss..... Becky Williams
Activity Dir. Brenda Blacksher
Billing Coordinator Janet Coleman
Medicare Billing Margie Valdez
Human Resources Janelle Cardinal
Dir. Housekeep./Trans..... Stella Delgado
Dir. of Maintenance Larry Carlson
Dir. of Dietary Services..... Gwen Whittaker
Assist. Dir. of Dietary Rosie Tijerina
Asstd. Living/Adult Day Care Mgr..... Kaye Hansard
Dir. Samaritan Hospice Kim Parr
Chaplain Dennis Latham
Child Care Director..... Mary Rocha
Administrative Assist..... Missy Wilcox

King's Manor Board of Directors

Chairman: Dan Higgins Secretary: Kathy Allison
Members: John Perrin, Michael Carr, Julia Laing,
 Scott Keeling, Brenda Fuentes.
Ex-officio: Kevin Bushart FUMC

King's Manor Methodist Retirement System

A Continuing Care Retirement Community offering

Independent Living: *Houses and Cottages*

Assisted Living: *Private Apartments*

Adult Day Care Services: *7:30 a.m. - 5:00 p.m., Social and intellectual stimulation, 2 hot meals and transportation provided.*

24 - Hour Nursing Care: *offering long-term care, respite care, physical and occupational therapy and quality nursing services. Private Pay, Medicare, Medicaid and Insurance.*

Child Care Center: *Open to the community and Staff, 6:00 a.m. to 6:00 p.m. Mon - Fri. High staff ratios to provide love and care for your children.*

Samaritan Hospice: *Local professionals specializing in rural care in your home or in the facility of your choice.*

Sewing 13 Counties: *Deaf Smith, Parmex, Oldham, Potter, Randall, Swisher, Castro, Bailey, Armstrong, Hartley, Hale, Lamb and Carson.*

The area's only not-for-profit, faith-based, community providing all levels of care in an affordable family atmosphere: Where loving care and friendships make it feel like home.